Name: Mrs. Elizabeth Smith Age: 34 Sex: Female Date of Birth: 01/12/1988 Ethnicity/Race: Caucasian Last 4 digits SSN: 1234 Education: High School Grad Date Scored: 12/19/22 Marital Status: Single

DUI/DWI Offender Test (DDOT) results are confidential and should be considered working hypotheses. No decision should be based solely upon DDOT results.

Information Provided By Client

Primary reason for arrest: Alcohol BAC/BAL at time of arrest: .12 Lifetime DUI/DWI arrests: 2 Alcohol (not DUI/DWI) arrests: 1 Drug (not DUI/DWI) arrests: 0 Additional DUI/DWI's pending: No Breath/blood test refusal: No License suspended/revoked: No Number of at-fault driving accidents: 1 Arrests reduced to reckless driving: 0

Truthfulness Scale

A Truthfulness Scale score at or below the 89th percentile means all DUI/DWI Offender Test (DDOT) scales are accurate. In contrast, a Truthfulness Scale score at or above the 90th percentile means all DDOT scales are inaccurate or invalid. As a general rule, the lower the Truthfulness Scale score the more accurate the results.

DDOT Profile

100							
[∎94%∎			Severe
90		∎92%∎					
						■87%■	Problem
ĺ					■81% ■		
80							
[Moderate
60 İ			■64%				
	■ 56% ■						
40 İ							
							Low Risk
20							
0 İ							
	Truthful ness	Al cohol	Drug	Marijuana	Driver Risk	Substance Use Disorder	Ri sk Range

Four Substance-Related Scales

The DUI/DWI Offender Test (DDOT) integrates four substance-related scales and measures: Alcohol Scale, Drug Scale, Marijuana Scale, and DSM-5 Substance (alcohol/drug) Use Disorder Scale. The specific or focused scales (Alcohol, Drug and Marijuana) enable staff to match problem severity with comparable intervention or treatment intensity (or level of care). On the other hand, DSM-5 Substance (alcohol/drug) Use Disorder Scale is widely used in substance (alcohol/drug) use diagnosis, treatment and reimbursement.

ATTAINED SCALE SCORES

-2-

Each DUI/DWI Offender Test (DDOT) scale (Truthfulness, Alcohol, Drug, Marijuana, DSM-5 Substance Use Disorder and Driver Risk) is presented and as warranted, appropriate **level of care** recommendations are offered.

Truthfulness Scale: Moderate Risk

<u>*Mrs. Smith's*</u> Truthfulness Scale score is in the moderate risk (40 to 69th percentile) range. This is an accurate DUI/DWI Offender Test (DDOT) profile and all DDOT scale scores are accurate. Nevertheless, there is a tendency for <u>*Mrs. Smith*</u> to be cautious when answering personal questions. This may be situation specific and related to why <u>she</u> is being evaluated. Some DUI/DWI offenders attempt to minimize or deny their problems. Truthfulness Scale scores at or below the 89th percentile are in the acceptable truthfulness range. Conversely, Truthfulness Scale score at or above the 90th percentile mean that the DDOT test is invalid or inaccurate. That said, <u>*Mrs. Smith's*</u> Truthfulness Scale score is within the acceptable or moderate Truthfulness Scale range. All DDOT scale scores are accurate. Prudent assessors will interpret scale scores cautiously.

Alcohol Scale: Severe Risk

<u>Mrs. Smith's</u> Alcohol Scale score is in the severe problem (90 to 100th percentile) range. <u>Mrs. Smith</u> has a severe drinking problem. Recommendations: consideration might be given to either "intensive outpatient treatment" or "partial hospitalization." This level of care allows patients to live in their home while receiving treatment. In other words, patients can sustain relationships and their employment while completing treatment. Effective therapies include, but are not limited to the following: cognitive behavioral therapy, didactic group therapy and motivational enhancement therapy. Conversely support groups and medication are important in preventing relapse. Should <u>Mrs. Smith</u> relapse, <u>her</u> level of care would likely increase to "residential/inpatient" treatment.

Drug Scale: Moderate Risk

<u>Mrs. Smith's</u> Drug Scale score is in the moderate risk (40 to 69th percentile) range. <u>Mrs. Smith</u> has an emerging drug (prescription and nonprescription) problem. Without intervention or treatment it is likely that <u>Mrs. Smith's</u> drug involvement will increase. Recommendations: effective outpatient psychotherapies are many and include cognitive behavioral therapy, motivational counseling and dialectic behavior therapy. Drug treatment does not need to be voluntary to be effective. Behavioral therapy in combination with medication can be very effective. Ancillary services like Narcotics Anonymous (NA), Cocaine Anonymous (CA) or chemical dependency (substance use) classes have been demonstrated to be effective.

Marijuana Scale: Severe Risk

Cannabis: <u>Mrs. Smith's</u> Marijuana Scale score is in the severe problem (90 to 100th percentile) range. <u>Mrs.</u> <u>Smith</u> has an established and serious marijuana problem that warrants prompt intervention and treatment. More specifically, marijuana use, on its own merits prompts outpatient treatment. Elevated co-occurring disorders would make treatment more complex. Should <u>Mrs. Smith</u> relapse <u>her</u> optimum level of care would likely be intensive outpatient treatment. Yet, in treatment planning personal and public safety always take precedence. Effective marijuana therapies include: cognitive behavioral therapy (CBT), motivational enhancement therapy (MET) and intensive family therapy (IFT). <u>Mrs. Smith</u> needs marijuana treatment.

Substance Use Disorder: Problem

<u>*Mrs. Smith*</u> has endorsed (admitted to) five or six of the eleven DSM-5 substance use disorder symptoms, which incorporate both alcohol and drug symptoms. <u>*Mrs. Smith*</u> endorsed **five** or **six** of the eleven DSM-5 substance use symptoms, which meets the **problem** substance use disorder criteria. Other co-occurring substance disorders (alcohol, drugs and marijuana) could involve several substances used simultaneously or sequentially, which would complicate the assessment. Recommendation: outpatient treatment or counseling appears warranted. Any elevated (70th percentile or higher) Alcohol, Drug or Marijuana Scale score would provide additional insight. By DSM-5 substance use standards <u>*Mrs. Smith*</u> has a substance use disorder.

92nd Percentile

64th Percentile

94th Percentile

56th Percentile

81st Percentile

Driver Risk Scale: Problem Risk

<u>Mrs. Smith's</u> Driver Risk Scale score is in the problem (70 to 89th percentile) range. <u>She</u> has a driving-related problem. <u>She</u> would benefit from completing a Driver Improvement course or program. That said, check <u>her</u> other DUI/DWI Offender Test (DDOT) scales (Alcohol, Marijuana and other drugs) for elevated (70th percentile and higher) scores. As a general rule, the higher the scales score the more serious the problem. Co-occurring disorders or elevated scale scores could exacerbate her driver risk. The Driver Risk Scale enables staff to assess driver risk on its own merits, independent of substance (alcohol/drug) use or abuse. Then when substance (alcohol/drug) abuse occurs it greatly increases driver risk.

SIGNIFICANT ITEMS. The following self-report answers help in understating <u>Mrs. Smith's</u> situation.

ALCOHOL

2. Enjoys drinking
7. Drinks excessively
87. Problem in last month
Additional: #20, 26, 45, 48, 52,
99, 107 .

DRUG

Uses more than should
Feels guilty about use
Has drug problem

SUBSTANCE USE DISORDER

8. All activities affected12. Substance use takes lot of time37. Continues use despite problemsAdditional: #43 81,102. 103, 105.

MARIJUANA

8. Has smoked marijuana 21. Has lied about pot use 27. Increased tolerance Additional: #42, 54, 58.

Recommendations: _____

Staff Signature

Date

DDOT Answers